Jikijitsu Sutra Book

Morning Sutras:

page 3

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Maha Prajna Paramita Hridaya Sutra

X X X

Avalokiteshvara
Bodhisattva, when
practicing deeply the Prajna
Paramita, perceived that all
five skandhas in their own
being are empty and was
saved from all suffering.

O Shariputra, form does not differ from emptiness, emptiness does not differ from form. That which is form is emptiness, that which is emptiness, form. The same is true of feelings, perceptions, impulses, consciousness.

O Shariputra, all dharmas are marked with emptiness. They are without birth or

death, are not tainted, nor pure; do not increase, nor decrease. Therefore, in emptiness no form, no feelings, no perceptions, no impulses, no consciousness, no eyes, no ears, no nose, no tonque, no body, no mind, no color, no sound, no smell, no taste, no touch, no object of mind, no world of eyes, through to no world of mind consciousness. No ignorance and also no extinction of it, through to no old age and death and also no extinction of it. No suffering, no origination, no stopping, no path, no cognition, also no attainment, with nothing to attain.

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The Bodhisattvas depend on Prajna Paramita and their minds are no hindrance. Without any hindrance, no fears exist. Far apart from every deluded view they dwell in Nirvana.

In the Three Worlds all Buddhas depend on Prajna Paramita and attain unsurpassed, complete, perfect Enlightenment. Therefore know: the Prajna Paramita is the great transcendent mantra, is the great bright mantra, is the utmost mantra, is the supreme mantra, which is able to relieve all suffering and is true, not false. So proclaim the Praina Paramita mantra, proclaim the mantra that says:

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Gyate, gyate, paragyate, parasamgyate, bodhi

X sva ha!

Page 5 TEIDAI DENPO BUSSO NO MYOGO X	
BIBASHI	BUTSU

SHIKI BUTSU **BISHAFU BUTSU KURASON BUTSU** KUNAGON MUNI **BUTSU KASHO BUTSU SHAKYAMUNI BUTSU** MAKA KASHO SONJA ANAN **SONJA** SHONA WASHU **SONJA UBA KIKUTA SONJA** DAI TAKA SON1A MI SHAKA **SONJA BASHU MITSU** SONJA **BUTTA NAN DAI SONJA SONJA FUKUTA MITTA SONJA** KYO **FUNA YASHA** SONJA **MEMYO** SONJA **KABIMORA** SONJA **SONJA** RYUJU KANA DAIBA SONJA **RAGORATA** SONJA SOGYA NANDAI **SONJA KAYASHATA** SONJA **KUMORATA** SONJA **SHAYATA** SONJA **BASHU BANZU** SONJA **MANURA SONJA** KAKU ROKUNA **SONJA**

SHISHI SONJA **BASHA SHITA SONJA FUNYO MITTA SONJA** HANNYA TARA **SONJA BODAI DARUMA** DAISHI NISO EKA DAISHI SAN SO KAN CHI ZEN]I DO SHIN DAI I ZENJI **GUNIN TAI MAN** ZENJI ZENJI ENO DAI KAN ZENJI NAN GAKU EJO ZENJI **BASO DO ITSU** HYAKU JO EKAI ZENJI O BAKU KIUN ZENJI RINZAI GIGEN ZENJI KO KE ZON SHO ZENJI ZENJI NAN IN EGYO **FUKETSU EN SHO** ZENJI SHUZAN SEI NEN ZENJI **FUNNYO ZEN SHO** ZENJI ZENJI SEKISO SOEN YO GI HO E ZENJI HAKU UN SHUTAN ZENJI GOSO HO EN ZENJI EN GO KOKU GON ZENJI KUKYU JO RYU ZENJI ZENJI O AN DON GE MITTAN KAN KETSU ZENJI SHO GEN SO GAKU ZENJI UN NAN FUGAN ZENJI ZENJI KIDO CHIGU NAM PO JO MYO ZENJI SHU HO MYO CHO ZENJI KAN ZAN EGEN ZENJI JU O SO HITSU ZENJI

MU IN SO IN ZENJI NIP PO SO SHUN ZENJI GITEN GEN SHO ZENJI SEK KO SO SHIN ZENJI TO YO EI CHO ZENJI TAI GA TAN KYO ZENJI KO HO GEN KUN ZENJI SEN SHO ZUI SHO ZENJI I AN CHISATSU ZENJI ZENJI TO ZEN SO SHIN ZENJI YO ZAN KEI YO ZENJI **GUDO TO SHOKU** SHIDO MUNAN ZENJI DO KYO ETAN ZENJI ZENJI HAKU IN EKAKU ZENJI **GASAN JITO** ZENJI IN ZAN IEN ZENJI TAI GEN SHIGEN GISAN ZEN RAI ZENJI TEKISUI GIBOKU ZENJI ZENJI RYO EN GEN SEKI ZEN]] SEI SETSU GENJO TAISHITSU MUMON ZENJI

KAKA SHOKAN FUIN YO KON

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JI HO SAN SHI I SHI SHI FU SHI SON BU SA

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MO KO SA

MO KO HO JA HO RO MI

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Page 8

MAKA HANNYA HARAMITA SHINGYO

XXXXxxxxxxXXO

KAN JI ZAI BO SA GYO JIN HAN NYA HA RA MI TA. JI SHO KEN GO ON KAI KU DO IS SAI KU YAKU. SHA RI SHI. SHIKI FU I KU. KU FU I SHIKI. SHIKI SOKU ZE KU. KU SOKU ZE SHIKI. JU SO GYO SHIKI. YAKU BU NYO ZE. SHA RI SHI. ZE SHO HO KU SO. FU SHO FU METSU. FU KU FU JO. FU ZO FU GEN. ZE KO KU CHU. MU SHIKI MU JU. SO GYO SHIKI. MU GEN NI BI ZES SHIN NI MU SHIKI SHO KO. MI SOKU HO MU GEN KAI NAI SHI. MU I SHIKI KAI. MU MU MYO. YAKU MU MU MYO JIN. NAI SHI MU RO SHI. YAKU MU RO SHI JIN. MU KU SHU METSU DO. MU CHI YAKU MU TOKU I MU

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SHO TO KO BO DAI SAT TA E. HAN NYA HA RA MI TA KO. SHIN MU KE GE MU KE GE KO MU U KU FU ON RI IS SAI TEN DO MU SO KU GYO NE HAN SAN ZE SHO BUTSU E HAN NYA HA RA MI TA KO TOKU A NOKU TA RA SAM MYAKU SAN BO DAI KO CHI HAN NYA HA RA MI TA. ZE DAI JIN SHU ZE DAI MYO SHU. ZE MU JO SHU. ZE MU TO DO SHU. NO JO IS SAI KU SHIN JITSU FU KO. KO SETSU HAN NYA HA RA MI TA SHU. SOKU SETSU SHU WATSU.

X

GYA TEI GYA TEI PA RA GYA TEI

X

PA RA SO GYA TEI. BO JI SO WA KA.

X

HAN NYA SHIN GYO

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NA MU SA MAN DA XXXO

MO TO NAN
O HA RA CHI
KO TO SHA
SO NO NAN TO
JI TO EN GYA GYA GYA
KI GYA KI UN NUN
SHI FU RA SHI FU RA
HA RA SHI FU RA
CHI SHU SA CHI SHU SA
SHI SHU RI SHI SHU RI
SO HA JA SO HA JA
SE CHI GYA
SHI RI EI.
SO MO KO

X

NA MU SA MAN DA MO TO NAN O HA RA CHI KO TO SHA SO NO NAN TO JI TO EN GYA GYA GYA KI GYA KI UN NUN SHI FU RA SHI FU RA HA RA SHI FU RA CHI SHU SA CHI SHU SA SHI SHU RI SHI SHU RI SO HA JA SO HA JA SE CHI GYA SHI RI EI. SO MO KO

X

X O

NA MU SA MAN DA
MO TO NAN
O HA RA CHI
KO TO SHA
SO NO NAN TO
JI TO EN GYA GYA GYA
KI GYA KI UN NUN
SHI FU RA SHI FU RA
HA RA SHI FU RA
CHI SHU SA CHI SHU SA

SHI SHU RI SHI SHU RI

X

X

SO HA JA SO HA JA SE CHI GYA SHI RI EI.

X

SO MO KO

We humbly request the Three Treasures to lead us to true wisdom. We dedicate the merit of reciting the Heart Sutra to Shakyamuni Butsu and celebrate his supreme enlightenment. May we fulfil the obligations to the Four Benefactors, benefit all living things throughout the Three Realms, and help all beings attain perfect wisdom.



All Buddhas throughout space and time; all Bodhisattvas,

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Mahasattvas; the great

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Prajna Paramita.

Preface to the recorded sayings of Zen Master Rinzai XXX

On top of Mount Obaku he met the painful stick.

On Taigu's ribs he could use his fist.

"Garrulous grandmother!" "Bedwetting little devil!"

"This lunatic twice pulling the tigers whiskers!"

In a rocky gorge he planted pines, a landmark for later generations.

He dug the ground with his mattock; the other were nearly buried alive.

Having approved the youngster, Obaku slapped himself right on the mouth.

On leaving, Rinzai wanted to burn the arm-rest; he will sit upon the tongues of everyone. If he didn't go to Kanan, he'd return to Kahoku.

His temple overlooked the old ferry landing – he carried travellers across the stream. He guarded the vital fording-place like an escarpment ten thousand spans high.

Snatching away the man or the surroundings, he shaped and fashioned superlative students. With his Three States and Three Fundamentals, he forged and tempered black-robed monks. He's always at home, yet forever on the way.

The true man without rank went in and out the face.

The monks of the two halls gave equal shouts, but guest and host were obvious.

Illumination and action are simultaneous, fundamentally without front or back.

A mirror confronting a form, an empty valley echoing a sound. Marvellously responding in any direction, he left not a trace behind.

Tucking up his robe, he journeyed southward, then went to stay in Daimei. Kōke took him as his teacher and attended him in the eastern Hall.

Still using the copper pitcher and iron bowl, he closed his room and stopped his words.

As the pines grew old and the clouds idled, he found boundless contentment within himself. He had not long sat facing the wall when the secret transmission neared its end. To whom was the True Dharma transmitted? It was extinguished upon reaching the blind ass! Old En of Engaku has now undertaken to circulate this text. It has been examined and corrected; therefore it contains no error or confusion.

There is still one more shout coming; it needs further consideration: Zen students who have the eye to see, I entreat you not to exploit this text. Preface respectfully composed on

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the day of the midautumn

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festival, the year Senna of Koshi

era.

We humbly request the illumination of your true compassion. We dedicate the merit of reciting the Preface to the Recorded Sayings of Zen Master Rinzai to the First Ancestor Bodhai Dharuma Daishi, Hyakujo Ekai Zenji, Rinzai Zenji, Mvoshin Gigen Kaisan Muso Daishi, Hakuin Ekaku Zenji and to all ancestors everywhere. You have opened the Way. We vow to repay your true compassion by following it to completion.

All Buddhas throughout space and time; all Bodhisattvas,

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Mahasattvas; the great

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Prajna Paramita.

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NA MU KA RA TAN NO X

XXXXXXXXXXX

TO RA YA YA
NA MU O RI YA
BO RYO KI CHI
SHI FU RA YA
FU JI SA TO BO YA
MO KO SA TO BO YA
MO KO KYA RU NI KYA YA
EN SA
HA RA HA EI SHU TAN

X

NO TON SHA NA MU SHI KI RI



TO I MO O RI YA BO RYO KI CHI SHI FU RA RI TO BO NA MU NO RA KI JI KI RI
MO KO HO DO
SHA MI SA BO O TO
JO SHU BEN O SHU IN
SA BO SA TO
NO MO BO GYA
MO HA TE CHO
TO JI TO EN
O BO RYO KI RYO GYA CHI
KYA RYA CHI
I KI RI MO KO
FU JI SA TO
SA BO SA BO

0 MO RA MO RA MO KI MO KI RI TO IN KU RYO KU RYO KE MO TO RYO TO RYO HO JA YA CHI MO KO HO JA YA CHI TO RA TO RA CHI RI NI SHI FU RA YA SHA RO SHA RO MO MO HA MO RA HO CHI RI YU KI YU KI SHI NO SHI NO

O RA SAN
FU RA SHA RI
HA ZA HA ZA
FU RA SHA YA
KU RYO KU RYO
MO RA KU RYO KU RYO
KI RI
SHA RO SHA RO
SHI RI SHI RI
SU RYO SU RYO
FU JI YA FU JI YA
FU DO YA FU DO YA
MI CHI RI YA
NO RA KIN JI
CHI RI SHU NI NO

HO YA MO NO SO MO KO
SHI DO YA SO MO KO
MO KO SHI DO YA
SO MO KO
SHI DO YU KI
SHI FU RA YA
SO MO KO
NO RA KIN JI
SO MO KO
MO RA NO RA
SO MO KO
SHI RA SUN
O MO GYA YA

SO MO KO
SO BO MO KO SHI DO YA
SO MO KO
SHA KI RA
O SHI DO YA
SO MO KO
HO DO MO GYA SHI DO YA
SO MO KO
NO RA KIN JI
HA GYA RA YA
SO MO KO
MO HO RI SHIN
GYA RA YA
SO MO KO

NA MU KA RA TAN NO TO RA YA YA NA MU O RI YA BO RYO KI CHI SHI FU RA YA

SO MO KO SHI TE DO MO DO RA HO DO YA

SO MO KO.

We humbly request the illumination of your true

compassion. We dedicate the merit of reciting the of the Dharani Great Compassionate One to Kaisan Deji Mvoshin Taishitsumon Zenzu Dai Osho. You have opened the Way. We vow to repay your compassion bv true following it to completion.

All Buddhas throughout space and time; all Bodhisattvas,

Mahasattvas; the great

Prajna Paramita.

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Hakuin Zenji's Song of
Zazen XXX

All sentient beings are essentially Buddhas. As with water and ice, there is no ice without water; apart from sentient beings, there are no Buddhas.

Not knowing how close the truth is we seek it far away – what a pity! We are like one who in the midst of water cries out desperately in thirst.

We are like the son of a rich man who wandered away among the poor. The reason we transmigrate through the Six Realms is because we are lost in the darkness of ignorance. Going further and further astray in the darkness, how can we ever be free from birth-and-death? As for the Mahayana practice of zazen, there are no words to praise it fully. The Six Paramitas, such as giving, maintaining the precepts, and various other good deeds like invoking the Buddha's name. repentance, and spiritual training, all finally return to the practice of zazen.

Even those who have sat zazen only once will see all karma erased. Nowhere will they find evil paths, and the Pure Land will not be far away.

If we listen even once with open heart to this truth, then praise it and gladly embrace it, how much more so then, if on reflecting within ourselves we directly realize Selfnature, giving proof to the truth that Self-nature is no nature. We will have gone far beyond idle speculation. The gate of the oneness of cause and effect is thereby opened, and not-two, notthree, straight ahead runs the Way.

Realizing the form of noform as form, whether going or returning we cannot be any place else. Realizing the thought of nothought as thought, whether singing or dancing, we are the voice of the Dharma.
How vast and wide the unobstructed sky of samadhi!
How bright and clear the perfect moonlight of the Four-fold Wisdom!
At this moment what more need we seek?
As the eternal tranquility of Truth reveals itself to us,

X

of Lotuses and this very

this very place is the Land

X

body is the body of the

X

Buddha.

The pure light of enlightenment shines forth, silently illuminating and encompassing the entire universe. Returning and observing the world, we see how like a dream it is. We humbly request the illumination and protection

of the Three Treasures. Today we have gathered together in (place) in commemoration of the sesshin participants ancestors. We have offered incense, flowers, candles, water and have recited together the Hakuin Zenjis Song of Zazen. We dedicate the merit thus gained to the spirits of the ancestors of the sesshin participants, and to the adornment and purification of the buddharealm realized through devoted practice. We pray that in the world of samsara the dragon-iewel of enlightenment will shine in the blue sea, and that in the world of nirvana the bright moon of Dharmanature will illuminate the azure sky, quiding all living beings equally on the path of awakening.

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All Buddhas throughout

space and time; all Bodhisattvas,

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Mahasattvas; the great

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Prajna Paramita.

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The Bodhisattva's Vow XXX

Disciples, When I humbly observe the true nature of things, all are the marvelous manifestations of the Tathagata's truth. Atom by atom, instant by instant, all are none other than his mysterious radiance. Because of this our virtuous ancestors extended loving care and reverence to even such beings as birds and beasts. How, then, can we be but humbly grateful for the

food, drink and clothing that nourishes and protects us throughout the day, these being in essence the warm skin and flesh of the great masters, the incarnate compassion of the Buddha?

If it is so even with inanimate objects, how much more should we be kind and merciful to human beings, even those who are foolish.

Though they become our sworn enemies, reviling and persecuting us, we should regard them as Bodhisattva manifestations who, in their great compassion, are employing skillful means to help emancipate us from the sinful karma we have produced over countless kalpas through our biased, self-centered views. If we awaken in ourselves this deep, pure faith, offering humble words and

taking sincere refuge in the Buddha, then with every thought there will bloom a lotus flower, each with a Buddha.

These Buddhas will establish Pure Lands everywhere and reveal the radiance of the Tathagata beneath our very feet. May we extend this mind

X

throughout the universe, so that we and all sentient



beings may equally bring to fruition the seeds of

X

wisdom.

We humbly request the illumination and protection of all beings wise and holy. We have gathered together reverently before the spiritual beings of earth and sky and recited the Bodhisattva Vow. We humbly offer the merit thus gained in praise of all

beings great and small who bring peace and protection to this place of practice.

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All Buddhas throughout space and time; all Bodhisattvas,

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Mahasattvas; the great

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Prajna Paramita.

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ENMEI JUKU KANNON
GYO XXX

KAN ZE ON NA MU BUTSU YO BUTSU U IN YO BUTSU U EN BUPPO SO EN JO RAKU GA JO CHO NEN KAN ZE ON BO NEN KAN ZE ON NEN NEN JU SHIN KI NEN NEN FU RI SHIN

After first 9 times hit on KAN O

After next 10 times hit on KAN OO After next 10 times hit on KAN OOO Three more and on last one:

X
KAN ZE ON NA MU BUTSU
YO BUTSU U IN YO BUTSU
U EN BUPPO SO EN
JO RAKU GA JO
CHO NEN KAN ZE ON BO
NEN
X
KAN ZE ON NEN NEN

JU SHIN KI NEN NEN

FU RI SHIN

X

Page 15

SHU JO MU HEN SEI GAN DO X

BON NO MU JIN SEI GAN DAN HO MON MU RYO SEI GAN GAKU BUTSU DO MU JO SEI GAN JO

X

SHU JO MU HEN SEI GAN DO BON NO MU JIN SEI GAN DAN HO MON MU RYO SEI GAN GAKU BUTSU DO MU JO SEI GAN JO

 \mathbf{X}

SHU JO MU HEN SEI GAN DO BON NO MU JIN SEI GAN DAN HO MON MU RYO SEI GAN X X

GAKU BUTSU DO MU JO

SEI GAN JO

Sentient beings X

are numberless
I vow to liberate them.
Desires are inexhaustible
I vow to put an end to
them.
The Dharmas are boundless

I vow to master them. The Buddha's way is unsurpassable I vow to become it.

Sampai Bells

X XX XXXxxxx X I X I XX I X X

At night in Zendo:

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XXX

Dai E Zenji's Vow for Awakening XXX

Our only prayer is to be firm in our determination to give ourselves completely to the Buddha's Way, so that no doubts arise however long the road seems to be.

To be light and easy in the four parts of the body; to be strong and undismayed in body and in mind; to be free from illness and drive out both depressed feelings and distraction; to be free from calamity, misfortune, harmful influences and obstructions; not to seek the Truth outside of ourselves, so we may instantly enter the right way; to be unattached to all thoughts that we may

reach the perfectly clear bright mind of Prajna and have immediate enlightenment on the Great Matter.

Thereby we receive the transmission of the deep wisdom of the Buddhas to save all sentient beings who suffer in the round of birth and death. In this way we offer our gratitude for the compassion of the Buddhas and the Patriarchs. Our further prayer is not to be extremely ill or to be suffering at the time of departure, to know its coming seven days ahead so that we can quiet the mind to abandon the body and be unattached to all

things at the last moment

wherein we return to the Original Mind in the realm

of no birth and no death and merge infinitely into

the whole universe to

manifest as all things in their True Nature and with the great wisdom of the Buddhas to awaken all beings to the Buddha Mind.

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We offer this to all Buddhas and Bodhisattva-Mahasattvas of the past,

X

present, and future in the ten quarters and to the



Maha Prajna Paramita.

(Offering of food to altar before lunch)

Shin jin

Pa Shin Bi Ru Sha No Fu
En Mon Ho Shinru Shano Fu
Sen Pai Kya Shinshi Kya
Muni Fu
To Rai A San Miru Sonbu
Ji Ho San Shi Ishi Shi Fu
Dai Shin Bun Ji Suribusa
Dai An Fuen Busa
Dai Hi Kan Shi In Busa
Shison Busa Moko Sa
Moko Hoja Horo Mi

LAY ORDINATION CEREMONY

(Everyone reads together - underlined words read only by Roshi)

ALL MY ANCIENT

Twisted karma.
From beginningless greed,
hatred and delusion
Born of body, speech and
mind, I now fully avow.

SENTIENT BEINGS (page)

AWAKEN

To the universal Buddha!

AWAKEN
To the universal Dharma!

AWAKEN
To the universal Sangha!

I take refuge in the Buddha I take refuge in the Dharma I take refuge in the sangha.

I tale refuge in the Buddha, honorable above all.

I take refuge in the Dharma, honorable for its freedom from attachment. I take refuge in the Sangha, honorable for its harmony.

I have taken refuge in the Buddha
I have taken refuge in the Dharma
I have taken refuge in the sangha

THREE PURE PRECEPTS:

Ommit no evil Do every good Purify your own mind.

TEN PRECEPTS:

- 1. From the most clear, profound and subtle mind, to not kill life.
- 2. From the most clear, profound and subtle mind, to not consider anthing as ones own.

- 3. From the most clear, profound and subtle mind, associations between a man and a woman should be open, pure and bright
- 4. From the most clear, profound and subtle mind, true words and true mind are the base of attaining the way
- 5. From the most clear, profound and subtle mind, do not delude the true self
- 6. From the most clear, profound and subtle mind, do not point out other's faults and mistakes
- 7. From the most clear, profound and subtle mind, do not praise yourself and degrade others
- 8. From the most clear, profound and subtle mind,

do not be possessive with the Dharma treasures

- 9. From the most clear, profound and subtle mind, do not indulge in anger
- 10. From the most clear, profound and subtle mind, do not dishonor the Budha, the Dharma or the Sangha

WILL YOU OBSERVE THESE PRECEPTS ALWAYS?